



Hope and Help Center of Central Florida, Inc.
 1935 Woodcrest Drive * Winter Park , FL* 32792 * 407-645-2577

H-Cubed

(Hope and Help Headlines)

Happy New Year!

As we turn the page into 2009, we reflect on our achievements of 2008.

The prevention department tested over 4800 people in 2008.

Our food pantry handed out 600 bags of emergency food.

With outreach, we provided information to over 8,000 people in Central Florida.

Development participated in 19 fundraising events.

2009 Goals

Prevention—to test over 200 high risk individuals monthly.

Food Pantry—a least 4 food drives throughout the year to keep the pantry filled.

Medical Case Management—to continue to provide superior services to our consumers.

Development—the fundraising goal is over \$700,000.

We have a lot of work ahead of us and with your continued help and support we will achieve our goals!

January 2009



Upcoming Events

Loc Robertson presents
Heavy Ink
 February 5th, 9pm-11pm
 Pom Pom's Teahouse
 100% of proceeds to benefit
 Hope and Help Center.



Mobile Testing Unit Arrives!

As part of a grant from the Substance Abuse and Mental Health Services Administration (SAMSHA), the Hope and Help Center was able to purchase a mobile testing unit.



This unit will be utilized to provide rapid testing in hard to reach communities where suitable testing areas are not available or individuals living in the area are unable to get

to a testing facility.

By moving the testing facility into high risk areas, we will be able to identify individuals infected with HIV and begin providing services to those in need.

Fast Facts:

- The CDC estimates that 31% of people who test for HIV/AIDS do not go back to receive their results. Rapid tests can give results in 20 minutes.
 - There are over 1,000,000 people living with HIV/AIDS in the U.S.
 - Florida consistently reports 10%-12% of the national total.
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*Please consider making a gift to the Hope and Help Center.
Every penny of your donation stays right here in Central Florida and \$.90 of every dollar goes directly to client services.*

\$50 could pay for food bags for a family of four for 4 days

\$100 could pay for an HIV test for someone in need

\$250 could pay for an HIV/AIDS education class for 10

\$500 could pay Insurance Premium for one person for 1 month

\$1,200 could pay for medicine for 1 person with AIDS for 1 month

\$2,500 could pay to keep our Food Pantry open for 6 months

\$4,000 could pay for one Youth Summit to educate 700 teens

\$25,000 Be a proud Sponsor of our Youth Education Program

DONATE NOW

To remove your name from our mailing list, please reply with remove in the subject.
Questions or comments? E-mail us at events@hopeandhelp.org or call 407.645.2577.
