



In Network Hope and Help Insurance January 2023

Jenna's participating insurances:

Medicare standard/ secondary & Railroad Medicare

BCBS Most PPO/POS Blue Select & traditional- Blue Select HMO

Cigna - most Cigna plans, POS PPO- NO HMO

United Health Care - POS, Select Choice, PPO Golden Rule, All Savers, UMR

Wellcare / Sunshine MCR and MCD

Medicaid -straight

Humana military Tri Care East

Aetna PPO POS Indemnity s 06-05-23

Dr Rowe:

Medicare standard/ secondary & Railroad Medicare

BCBS Most plans PPO/POS Blue Select & traditional- Blue Select HMO

Cigna - most Cigna plans, POS PPO- NO HMO

United Health Care - POS, Select Choice, PPO Golden Rule, All Savers, UMR (Not Dual Medicare/Medicaid)

Wellcare / Sunshine MCR and MCD

Medicaid -straight

Humana military Tri Care East

Aetna PPO POS Indemnity s 06-05-23

Laura:

Medicare standard/ secondary & Railroad Medicare

BCBS Most plans PPO/POS Blue Select & traditional-

Aetna PPO POS Indemnity s 06-05-23

Cigna - most Cigna plans, PPO POS- NO HMO

United Health Care - POS, Select Choice, PPO Golden Rule, All Savers, UMR (Not Dual Medicare/Medicaid)

Wellcare / Sunshine MCR and MCD

Medicaid -straight

All providers get paid at times for HIV & STI related services through Clear Health and Oscar
BUT are not participating