

# YOU'RE INVITED

## *To A Same-Gender-Loving Workshop*

S.T.Y.L.E. (Strength Through Youth Livin' Empowered) is a 6-week, interactive workshop for LGBTQ+ young men, ages 13-30. The workshop is designed to help participants cope with a recent HIV diagnosis and those who are living with HIV but have had a lapse in HIV medical treatment. S.T.Y.L.E. encourages participants to understand how to improve their overall health and outlook on life in a relaxed, non-judgmental atmosphere. Workshop participants will learn:

- The basics of HIV treatment and the importance of medical care
- How to create and achieve personal health and wellness goals
- What it means to love oneself and develop healthy relationships with others

*Style*<sup>™</sup>

  
HOPE&HELP<sup>®</sup>